

# Family Resource Network

Wetaskiwin, Ponoka, Rimbey, and surrounding areas



The **Family Resource Network** provides programs and services to children and youth 0-18, parents, caregivers, and families. The Family Resource Network receives and responds to referrals to ensure seamless access to prevention and early intervention services for children, youth, and families improving child and youth development, building resiliency and fostering well-being.

Along with our community partners, BGC Wetaskiwin is pleased to support Wetaskiwin, Ponoka, Rimbey, and Surrounding Areas.

For more information, call the **Family Resource Network at 780-352-4643 Ext. 28**

## Spokes offered through the Family Resource Network:

**Child and Youth Development** provides supports to youth 7-18 to enhance development through social skills groups, anger management, coping strategies, and substance use programming.

**Early Child Development** serves families with children 0-6 including parent/child play and developmental screening through Ages and Stages Questionnaires to support child development.

The **Enrichment Program** provides solution-focused support to families with children ages 7-18 and youth directly to build skills, caregiver capacity, protective factors, and reduce risks to improve personal and family functioning.

**Family Support** serves families with children and youth aged 0-18 to build parental resiliency and promote family wellness.

**Home Visitation** supports families to provide a nurturing, stimulating, and safe environment for their children from prenatal until the child turns six.

**Parent Education** serves families with children aged 0-18 to review parent education programs including Connect, Triple P, and Active Parenting.

**Mâmwipayîwin**, the Cree word for togetherness, supports children, youth, and families to become actively involved in a cultural life. Families will have access to culturally rooted programs and services, ensuring all individuals have the opportunity to learn and practice culture.

**Wahkohtowin Program** is a traditional parenting program for caregivers to promote holistic and balanced families through activities, healthy meaningful conversations, and guest presenters.

To access support, refer, or for additional information, please contact the Family Resource Network Hub at:

**780-352-4643 Ext. 28**

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**5109-51 Street**

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